

## **Helena Foster**

### **In One Breath**

Preview: Wednesday 9 March, 5 – 8pm

11 March – 3 April 2022

Open Friday – Sunday, 12 – 6pm  
& By Appointment

French Riviera  
309 Bethnal Green Road  
London E2 6AH  
United Kingdom  
[frenchriviera1988.com](http://frenchriviera1988.com)



I Cease to be Bothered, 2021

French Riviera is pleased to announce Helena Foster – In One Breath. For her inaugural solo exhibition at the gallery, Foster presents new works in oil on linen and paper.

The paintings seek to capture the day-to-day conflicts and complexities that engulf every household whilst drawing on her personal experiences. Working with photography as her starting point, she rephotographs pre-existing imagery taken from her reserves, with a particular interest in Nigerian Cinema.

Helena Foster was born in Benin City, Nigeria, and is based in London, UK. She graduated from Camberwell College of Art, London, with a BA in Painting in 2010.

The accompanying exhibition text elaborates on the artist's creative process, in a conversation between Helena Foster and Leo Asemota.

Enquiries: [mail@frenchriviera1988.com](mailto:mail@frenchriviera1988.com)

Artists Jennifer Lewandowski and Samuel Levack opened French Riviera in Bethnal Green, in 2011, as an extension of their longstanding artistic collaboration. The gallery has provided a vital exhibition platform for over 150 international emerging artists, alongside a public programme of dinners, performances and talks, celebrating the diverse creative communities of London's East End.

[levacklewandowski.com](http://levacklewandowski.com)

The 10<sup>th</sup> Anniversary Programme is supported using public funding by Arts Council England.

We encourage visitors to wear face masks when inside the gallery.