

## **Helena Foster**

### ***In One Breath***

Preview: Wednesday 9 March, 5 – 8pm

11 March – 3 April 2022

Open Friday – Sunday, 12 – 6pm  
& By Appointment

French Riviera  
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I Cease to be Bothered, 2021

French Riviera is pleased to announce Helena Foster – In One Breath. For her inaugural solo exhibition at the gallery, Foster presents new works in oil on linen and paper.

The paintings seek to capture the day-to-day conflicts and complexities that engulf every household whilst drawing on her personal experiences. Working with photography as her starting point, she rephotographs pre-existing imagery taken from her reserves, with a particular interest in Nigerian Cinema.

Helena Foster was born in Benin City, Nigeria, and is based in London, UK. She graduated from Camberwell College of Art, London, with a BA in Painting in 2010.

The accompanying exhibition text elaborates on the artist's creative process, in a conversation between Helena Foster and Leo Asemota.

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